



# THE TSUKAMOTO SHARK MONTHLY

Mary Tsukamoto Elementary School  
Office Phone: 916-689-7580  
Office Hours: 7:30 - 3:50pm

Molly Sangalang - Principal  
Cathy Brink - Vice Principal  
Lidia Ormonde - Secretary

## IMPORTANT DATES

### November 2

C & B Track Honor Roll 8:45 am

### November 3

Butter Braids ends

### November 8

PTO Meeting

### November 9

Picture retake for D track

### November 10

HOLIDAY - Veterans Day

### November 16

Coffee&Donuts w/the Principal

### November 17

Minimum Day B Tracks Off

DISNEY DAY

### November 20 - 24

Thanksgiving Break

NO SCHOOL

### November 27

A Track Back on track

## Hello, Shark families!

# NOVEMBER 2023

As we begin the month of November and reflect on all we have to be thankful for, I want to thank each and every one of you for your continuous support of our students and our school community. A HUGE thank you to our PTO for putting on our Harvest Festival and thank you to all of our families who came out to join in the fun!

This month also marks the end of Trimester 1. Our students have been working hard, learning our new math curriculum, building strong reading habits, and improving their writing skills. Report cards are available on ParentVue and teachers are working to schedule in-person conferences with all families to discuss current learning and progress. Please reach out to your child's teacher to schedule a conference!

♥ Mrs. Sangalang

## REMINDERS

- ★ Breakfast is from 7:35 - 8:05
- ★ Gates open at 8:05
- ★ Please **walk** directly to class
- ★ 2-6th grade pick up → on the WAVE
- ★ 1st grade pick up → Vintage Park Dr.
- ★ M, T, Th, F Dismissal → 2:50
- ★ Wednesday Dismissal → 2:00

### \*Kinder schedules:

Morning Kindergarten: 8:20 a.m. - 11:51 a.m.

Afternoon Kindergarten: 11:08 a.m. - 2:50 p.m.

Wed Early out for PM Kinder 11:08 - 2:00

## GET INVOLVED!

### WEDNESDAY 11/8

PTO Monthly Meeting

### THURSDAY 11/2 3:30

School Site Council on ZOOM

# IMPORTANT NEWS

- ★ **Family Conferences - Have you met your child's teacher yet?** Teachers are scheduling conferences throughout the month. They will be reaching out to find the best time to meet. Please respond and let them know what works best for you!
- ★ **When should I keep my child home?** After the pandemic, it can be confusing to know when to keep your child home. Here is a guide to help!

 See You in Class!	 Best to Stay Home.
<input checked="" type="checkbox"/> Have a runny nose or a little cough, but no other symptoms	<input checked="" type="checkbox"/> Temperature higher than 100 (with or without medicine)
<input checked="" type="checkbox"/> No fever (temperature of 100 or higher) for 24 hours without using fever-reducing medications	<input checked="" type="checkbox"/> Persistent cough
<input checked="" type="checkbox"/> No throwing up or diarrhea for 24 hours	<input checked="" type="checkbox"/> Colored drainage from the nose
	<input checked="" type="checkbox"/> Throwing up or diarrhea
	<input checked="" type="checkbox"/> Eyes are pink and crusty
	<input checked="" type="checkbox"/> Instructed by the doctor to isolate from others

**SAVE THE DATE**  
**COFFEE & DONUTS**  
**W/THE PRINCIPAL**  
Thurs, Nov 16th  
8:30am

## LEADER IN ME

### Practice at home:

- ✓ Help plan meals or make the grocery list
- ✓ Plan a family outing
- ✓ Notice when my family needs my help
- ✓ Keep my room organized
- ✓ Put things away so I can find them later
- ✓ Take care of myself (brush teeth, etc)

Habit #3  
**PUT FIRST THINGS FIRST**  
Work first, then play

- I do the things that I have to do before I do the things that I want to do.
- I stay focused on what I'm doing. I try to minimize distractions and regroup if I get off task.
- I spend my time on the things that are the most important.



## DIGITAL CITIZENSHIP

### Strategies for Families:

- ★ Students should get permission from a trusted adult before logging into any website
- ★ Remind your child not to share any private information online

Click the link below for more information on how to keep your child safe online:

[https://docs.google.com/document/d/1PSUf1ZBW\\_H8TcJh8PjWJQFrIr5\\_X-L7ErLbN41ej2l5Y/edit?usp=sharing](https://docs.google.com/document/d/1PSUf1ZBW_H8TcJh8PjWJQFrIr5_X-L7ErLbN41ej2l5Y/edit?usp=sharing)



**MARY TSUKAMOTO**  
ELEMENTARY SCHOOL