



THE TSUKAMOTO SHARK MONTHLY

Mary Tsukamoto Elementary School
Office Phone: 916-689-7580
Office Hours: 7:30 - 3:50pm

Molly Sangalang - Principal
Cathy Brink - Vice Principal
Lidia Ormonde - Secretary

SEPTEMBER 2023

IMPORTANT DATES

September 4

Labor Day - Holiday NO SCHOOL

September 8

Family Lunch in the quad

September 15

Track Change - Minimum day C track tracking off
Minimum Day Movie!

September 18

B track Back on track

September 22

KONE ICE

Hello Shark Families!

We are entering the 9th week of school! Students have been hard at work and having lots of fun! These first two months we have focused creating a welcoming learning environment, learning the Zones of Regulation, and the Habit of being Proactive. Students are settling into routines, diving into content, and getting to know our new math curriculum. We are excited to host our Flag Football game this week and Kona on Friday! A huge thank you to all of our families who came out to Family Lunch on the Quad. Thank you for your continued support!

♥ Mrs. Sangalang

STAY CONNECTED

***Sign up for the PTO!** Even if you are not able to volunteer, your membership donation will help fund school events & enrichment!

***Sign up for Talking Points** - see your child's teacher for details

***Sign up for Parent Vue** - ask the office if you need more details.

Zones of Regulation

Blue	Green	Yellow	Red
Sick Sad Tired Bored <small>Moving Slowly</small>	Happy Calm Focused <small>Ready to Learn</small>	Frustrated Worried Anxious Excited <small>Silly Wiggly</small>	Mad/Angry Yelling Hitting Out of Control Need Time/Space

IMPORTANT NEWS

- ★ **Conferences and Home Visits** - Teachers will be reaching out this month to schedule either a Zoom or in person meeting to get to know your family and share student progress!
- ★ **Talking Points** - We sent many important announces via Talking Points so please make sure you have access! If you have more involved questions or concerns, we ask that you set up a time to meet with the teacher in person. Talking Points is not the best for longer conversations.
- ★ **Student Safety** - We have been giving many reminders about student safety and could use your partnership. Please talk with your child about being safe on campus, walking and being hands free, and being safe in the classroom, giving other classmates personal space and using the calming space as needed.
- ★ **Jog-a-thon funds** - We are so grateful for the funds raised last year! So far we have been able to support a positive and welcoming learning environment in the following ways:
 - KONA Ice Thank you to families at Back to School Night
 - Recess and PE equipment
 - Tricycles and play equipment for TK & Kinder
 - School-wide Wellness Space and supplies for calming spaces in each classroom
 - School Beautification - Tsukamoto Mural, Sensory Walk, Book Mural, Hopscotches
 - Small group tables for primary classrooms

LEADER IN ME

SEPTEMBER Habit - BE PROACTIVE

- ★ I am in charge of me
- ★ I take initiative
- ★ I choose my actions
- ★ I do the right thing before I'm asked
- ★ I do not blame others for my actions

Practice at home:

- ✓ Do my chores without being asked
- ✓ Notice when my family needs my help
- ✓ Start my homework right away
- ✓ Clean up after myself
- ✓ Take care of myself (brush teeth, etc)
- ✓ Say "I'm sorry" when I make a mistake

STUDENT SAFETY!

In the topic of school safety, I would like to call your attention to a paragraph from The EGUSD Message from Communications on Friday, August 11. All cooperation and support is very much appreciated.

"We also ask that you remind your student that weapons of any kind, and even look-alike weapons, are strictly prohibited on campus. This includes toy guns, water guns, gel-ball guns, BB guns, airsoft guns, replica guns, knives, box cutters, pepper spray, etc. Any student found in possession of a weapon may face consequences up to expulsion and arrest."